



# Prince of Peace Lutheran Church

9320 Meadow Way  
Everett, Washington 98208  
425-337-6663

February  
2012

E-mail: [pplcmain@frontier.com](mailto:pplcmain@frontier.com) Web Site: [www.pplc.org](http://www.pplc.org)

## Staff:

### Pastor:

Jack Richards

### Music Director:

Rob Gillespie

### Director of Youth

#### Ministries:

Nik Locker

### Organist:

Carole Hansen

### Secretary:

Helen Dean

### Preschool Director:

Michelle Nilsen

### Preschool Secretary:

Melanie Zamora

### Custodian:

Doug Herman

## Worship Schedule

Traditional 8:30 & 11:15 AM

Contemporary 10:00 AM

Communion on 1st & 3rd

Sunday

Sunday School --

10:00 AM

## Office Hours:

Monday – Thursday

8:30 AM – 4:00 PM

Friday 8:30 AM–3:00 PM

425-337-6663

## Mark your calendars:

### February

05 Boy Scout Sunday

14 Valentine's Day

19 Transfiguration of  
Our Lord

20 Presidents Day

22 Ash Wednesday

26 First Sunday in Lent

## “We Are a Worshiping People”

**Mission Statement:** “As members of Prince of Peace Lutheran Church, our mission is to witness, serve, educate and minister to others, bringing to them the message of Grace through Jesus Christ.”

## PRINCE OF PEACE EXTENDS IT'S REACH....

In 2011, a number of local ministries were strengthened by the support we were able to share through our congregational commitment to be mission-driven. But acting locally also means keeping a heart and mind that thinks globally. During the year, we partnered with the many ministries of compassion, health and development through Lutheran World Relief. We also helped provide tangible support to Lutheran partner congregations in Astrakhan, Russia (Evangelical Lutheran Church in European Russia) and the Ulanga-Kilombero Diocese of the Evangelical Lutheran Church in Tanzania.

Pastor Vera Sauer sent pictures from Astrakhan several months ago (posted on the narthex kiosk). The following is a letter from Bishop Renard Mtenji from the U-K Diocese. (Dated: Sat, 7 Jan 2012, Subject: Thank you for the gift)

*Dear Pastor, Greetings in the name of our Lord Jesus Christ.*

*Thank you for your emails send to me. Here in Tanzania we are going well even if few weeks there was floods in Dar es salaam which killed more than 20 people. The rain is raining in some places including ifakara whereby people now are cultuvating ready to sow paddy.*

*I hope you had nice chrstmas as well as new year. Myself as I shared to you before I will be at Ifakara, Christmas day I was at Cathedral together with retired bishop Mwambungu, pastor Ezekiel (who is now a youth pastor in our Diocese since september last year) and pastor Willson (who is at ifakara too-last year in september was suposed to go to the college for educatinal studies mean that in the future he can be a teacher especial at Tumaini Seminary but we failed to get fee, we are now preparing that he can join the college this year) and the first day of this year I ws at Ifakara Town. At Ifakara town we had two services. I came here at Makumira on tuesday evening. In the same evining I opened the email, and I saw your email. In the following day I went to the post to take the gift that you send to us. And I recieved the total of 778,000/- Tsh. I wanted to inform you the same day but for this two days ago my computer was failing even yesterday evining I tried for long time without success and today I decided to wokeup this early and by chance It opened.*

Continued on next page

*We Are A Worshiping People*

**Subject: Thank you for the gift (continued from first page)**

*I will write to you an official letter of thanks. To this moment I have contacted with two pastors- pastor Isaya Lembele of Mngeta parish and Pastor Faith Fusi of Kiberege parish to take the photos of kids and their teacher(s) which I will send to you together with other receipts but thank you very much for this gift which will help some families to provide education to their kids.*

*God bless you and convey my greeting to fellow Christians. Bp Mtenji*



**WINTER SEMESTER...ADULT EDUCATION**

**FEBRUARY: SHORT MONTH BUT LONG ON OPPORTUNITY...**

Even with the extra day thrown into February this year, the month still remains the shortest in the class. That said, it need not be short on anything else. If you haven't yet; mark your calendar and plan on attending a great continuing education opportunity for all of us:

**WALKING TOGETHER THROUGH THE BIBLE...**

**SATURDAY, FEBRUARY 11<sup>TH</sup> 9:00 AM - 2:00 PM at PRINCE OF PEACE**

Pastor Neal Snider will provide each one of us a guided tour of Genesis through Malachi, stopping at important viewpoints along the way. \$40 includes the course fee and Pastor Snider's book (same title as above) along with a light lunch. (Registration without the book is \$25). Any young adult and formerly young adult (14-100) will be amazed at the new insights gained in this five hour seminar! Invite friends and family members.

**WALKING TOGETHER THROUGH THE BIBLE Seminar/February 11th/9 AM-2 PM**

**NAME** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_

**PHONE** \_\_\_\_\_

**Other Attendees...** \_\_\_\_\_

**Check Payable to Prince of Peace Lutheran Church.**

## *We Are A Worshiping People*

# PRIMETIMERS

Prime Timers will meet at noon on **February 9th** for potluck lunch at noon in the Fellowship Hall. A program is still being developed due to a cancellation, so please watch Sunday bulletins for an update.

About twenty people attended the January meeting when Jean Rogers shared movies taken by her dad, Walt Shannon a motorman for the Everett - Seattle Interurban Trolley. This trip back to the first half of the twentieth century brought back many memories! Linda Whitsell hosted the luncheon and cleverly decorated the tables with a railroad theme. Thank you, Linda.



*January Primetimers*

### **Welcome to Lutherwood Camp & Retreat Center**

Lutherwood is nestled in the evergreen trees along the shore of Lake Samish just south of Bellingham, WA. Lutherwood runs programs for campers of all ages on 103 acres of beautiful waterfront and forest land.

[www.camplutherwood.org](http://www.camplutherwood.org)

### **LOOK AHEAD TO SATURDAY...MARCH 17 9:00 AM - Noon**

Men's ministry monthly meeting will adjourn to a spring cleaning project morning in preparation for Easter. All are invited...Youth-Men-Women's-and all other ministry groups in the congregation...Outdoor and Indoor Projects (you may even have some in mind)

Already mentioned....sanitizing all tables/chairs; cleaning mop boards (moldings at bottom of walls); all glass-exterior/interior; shrub trimming; power washing of buildings and walks; youth room deep cleaning... We will have a back-up day of March 24th, if needed.

Thank you, Donna, for the post Christmas season cleaning of the kitchen...and for the recent volunteers removing key slush/ice accumulations in the parking lot. (still use caution on Sunday!)

Pr. Jack

## *We Are A Worshiping People*



We meet at church every two months on the first Monday from 10:00 AM until noon.

You are welcome to one or all six discussions. Following is the 2012 schedule, books and authors, and some of our members who might share ideas with you. Happy reading!

- Feb. 2012; The Forgotten Garden,  
Author: Kate Morton  
Leader – Claudette Delger  
Hostess – Judy McGregor
- Apr. 2012; Sarah's Key  
Author: Tatiana de Rosnay  
Leader – Pat Parkins  
Hostess – Carol Foort
- June 2012 The Immortal Life of Henrietta Lacks  
Author: Rebecca Skloot  
Leader - Carol Foort  
Hostess – Claudette Delger
- Aug. 2012 Nineteen Minutes  
Author: Jodi Picoult  
Leader – Robin Moriarty  
Hostess – Jean Camp
- Oct. 2012 The Ape House  
Author: Sara Gruen  
Leader – Fran Harat  
Hostess – Betty Shatzka

- Dec. 2012 The Boy Who Came Back from Heaven  
Author: Kevin & Alex Malarkey  
Leader – Judy McGregor  
Hostess – Pat Parkins

We are an equal opportunity book club, open to men as well as women! Questions? See any of the above listed members.

### **Men's Ministry Monthly Meeting**

**February 18th, 8:00 AM. (3rd Saturday)**

**All men of the congregation are invited to meet for coffee/donuts, mission business at hand, and a Bible study.**

### **MIDWEEK LENTEN SERIES: Walking Together Through the Gospels/Acts**

(A continuation of the series begun by Pastor Snider at the February 11th seminar)...

**February 29th....Matthew**

March 7th....Mark

March 14th...Luke

March 21st...John

March 28th...Acts (Luke "Part 2")

7:00 PM Service Time preceded by a 6:00 PM Soup Supper in the Fellowship Hall \*

(\*Various committees of the congregation take turns sponsoring but volunteer "soup submissions" are always welcome.)

## *We Are A Worshiping People*

### **FEBRUARY PET FOOD DRIVE**

Seniors' pets are vital for their overall health and well being. Homebound seniors in our county who rely on the Meals on Wheels program can benefit from your generosity to help provide good nutrition for their beloved pets.

During the month of February, there will be a collection box in the fellowship hall for your contributions of pet food. Any amount will help. The Senior Services Meals on Wheels program serves several thousand seniors with low cost or free nutritious meals and, like all programs, struggles to maintain their program. They distribute free pet food when it is available.

This is Prince of Peace's third year to hold this drive. **For questions, contact Linda Whitesell at 425 252-1084, volunteer Meals on Wheels driver.**

Thank you for your help.



**FEBRUARY 22<sup>ND</sup>**  
**Noon and 7:00 PM**  
**Imposition of Ashes**  
**and**  
**Service of Holy Communion**



02/05 John Gerike

02/12 Billie Rostad & Cheryol Ayers

02/19 Vern & Helen Urlocker

02/26 Open

### **Special February Dates:**

**6th** Peace Readers 10:00 AM

**9th** PrimeTimers 12:00 PM

**11th** Bible Seminar 9:00 AM

**18th** Men's Group 8:00 AM

**21st** Esther Circle 12:00 PM

**29th** Soup Supper 6:00 PM

7:00 PM Lenten Service

### **NALC News**

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**[www.thenalc.org](http://www.thenalc.org)**

Pastor David J. Baer, editor

[news@thenalc.org](mailto:news@thenalc.org)

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**SUNDAY SERVICE TEAM #1**

<b>Co-chair: John &amp; Emma Crawford</b>	
<b>Co-chair: Dave &amp; Linda Whitesell</b>	
Duane & Miriam Anderson	Jim & Becky Milham
Joseph Binda	Vic & Jan Painter
Paul Bolme	Fred & Pat Raines
Jim & Cyndy Gallacher	Bill & Vanessa Randall
Bolonka Gbolo	LaVonne Rasmussen
Peggy Hefty	Paulette Salisbury
Jay & Judy Hiester	Dan & Irene Schwardt
Bill Kann	Teresa Skinner-Bowers
Paul & Pat Lemke	Vern & Helen Urlocker
Melanie Macham	Doug & Debbie Witt
Wendy Macham	

**ADDRESS CHANGES & ADDITIONS**

**Please check your church directory and let Helen in the church office know of any changes to your phone numbers and/or e-mail addresses!**

**THE PASTOR IS IN  
Monday through Thursday**

He has moved his day off to Friday. In case of a Friday emergency, Helen has excellent tracking skills at finding him.

**PRINCE OF PEACE WEBSITE**

...www.pplc.org! Tune in, often!

*If you missed a Sunday service or would like to rehear this week's message, go to our [pplc.org](http://pplc.org) website to hear the Gospel and Pastor's sermon. Just click "Listen to this week's message" on the home page.*

Web Page Manager: **Steve Peterson**  
steveandvictoria@comcast.net

**BULLETIN ANNOUNCEMENTS**

All items to be placed in the announcement insert of Sunday's bulletin must be turned in to the office by **WEDNESDAY NOON**. Anything received after the NOON cutoff will be included in the following week's announcements. Thank you for your cooperation.

**NEWSLETTER DEADLINE** will be the **20th** of the month for the next issue. Please send your inputs to Judy McGregor at [jamglmcg@msn.com](mailto:jamglmcg@msn.com).

**PRESCHOOL OFFICE HOURS**

8:30AM – 4:00 PM Monday - Friday  
425-338-1933



*My heartfelt thanks go to Pastor Jack, Pastor Greeny, and the congregation for the many prayers that helped me during Gordon's illness. I appreciated all the support given to me. Thank you everyone for the help with the Memorial Service.*

*God bless you all in a special way always.*

*- Eleanor Stubb*

## *We Are A Worshiping People*



### **Promoting Wellness of Body, Mind and Spirit**

By Linda Whitesell, ARNP



**February is Heart Health Month and a good time to examine five positive ways to "pump up" your heart.**

---Know your numbers for good heart health. Your lipids (fats in the blood) are important markers for heart health as is your blood pressure. Aim for an average blood pressure goal of 140/80 or lower.

---Start moving--a 30 minute walk or sustained exercise most days of the week can reduce the risk of premature death by more than 50%. Physical activity improves sleep, reduces stress and cholesterol and improves blood pressure, mood and improves memory.

---Laugh out loud Fifteen minutes of laughter is equivalent to 30 minutes of aerobic exercise. It also improves your mood and reduces pain.

---Focus on your waistline It is a better measure of your overall health than weight and is directly linked to high blood pressure, high cholesterol and diabetes.

---A good night's sleep is vital for overall good health. The effect of lack of sleep is the exact opposite of the benefits of exercise (see above).

---**BE GOOD TO YOUR HEART AND IT WILL WORK HARD FOR YOU**---

## **Esther Circle**

Our February meeting will be **Tuesday the 21st at noon in the Fellowship Hall** with the usual format - sack lunch with a hostess providing dessert. One of our group will lead the discussion on her choice of person from the book "EVERY WOMAN IN THE BIBLE". Check Sunday bulletins for details. We'll be packing more kitchen boxes for Interfaith Family Shelter.



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**Bells of Peace**  
**Rehearsals on**  
**Tuesday**  
**6:15 p.m.**  
**We have chocolate!**

**Adult Choir rehearsals are**  
**Wednesdays at 6:30 PM.** If you enjoy singing and would like to share your gift in Worship, please contact **Rob Gillespie** at 425-501-1505 or [robgillespie@comcast.net](mailto:robgillespie@comcast.net).

**NOTE FROM CUSTODIAN**

**PLEASE, PLEASE** check **ALL** doors before you or your group leave the building. Also, be sure lights in the fellowship hall, bathrooms and narthex are turned off before leaving.

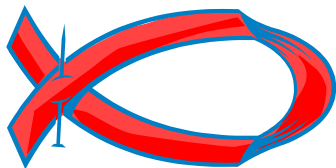


**Director of Youth Ministries:**  
**Nik Locker**

Office hours: Tuesdays and Wednesdays  
from Noon – 4:00 PM, Phone: 425-870-0719  
Email: [youthdirector@pplc.org](mailto:youthdirector@pplc.org)

***PRESCHOOL OFFICE HOURS***  
*8:30 a.m. – 4:00 p.m*  
*Mondy through Friday*  
*452-338-1933*

**SUPPORT THE PRINCE OF PEACE**  
**RELIEF FUND**



**COMING ON MARCH 17th**  
Along with a fun game of Bunco, you will be treated to a “Garbage Can Dinner”. 😊



## *We Are A Worshiping People*

### **Prince of Peace Women's Ministry**

The first meeting of the new year was January 23rd. The group planned the calendar for the coming year.

**Monday, April 23 – Next Women's Ministry meeting at 6:30 PM**

**Saturday, June 2 – “Learn to Make Lefse” Workshop from 9:00 AM – 12:00 noon**

This will be an opportunity for those who would like to learn how to make Lefse.

The Lefse makers are looking for a dependable, heavy duty, stand mixer – equivalent to the Kitchen Aid “Professional” model.

**Saturday, June 23 – Annual Rummage Sale from 9:00 AM – 3:00 PM**

**Saturday, October 27 – Annual Christmas Bazaar from 9:00 AM – 4:00 PM**

Last year we managed to accomplish the tasks of preparing for the bazaar without a chair person. It always runs more smoothly when there is someone to coordinate and be the go-to person. Please consider this important ministry when you are looking for a place to serve. We have many willing helpers.

### **PRAYER SHAWLS**

One of the ministries of the Prince of Peace women is to knit or crochet prayer shawls. Instructions are available, and yarn is provided if needed. If you are interested in participating in this ministry, you may contact Jean Camp or Judy McGregor.

### **QUILTERS**

The quilters continue to meet on the second and fourth Monday mornings at 10:00 AM in the Fellowship Hall. We accept cotton material for tops and gently-used, clean sheets to use as backings. Quilt tops and bindings are sewn at home. We tie the quilts at the church and are able to tie two quilts at each session. We have several quilts ready to tie and would welcome more

help – men or women – quilting experience not necessary. Come see what we are doing!



# LOVE IS AN ACTION!

Love is about doing for others. For this Valentine's Day (or any other time of the year), create a coupon book that helps you serve others with love.

Here is what you need:


- index cards or colored paper (as many as you need)
- stickers (optional)
- colored markers or crayons

Here is what you do:

1. Think of the different people you can show love to. For example, parents, brothers, sisters, friends, neighbors, teachers, grandparents, etc.
2. Make a list of different things (acts of love) you can do for these people to show them you love them.
3. On each index card or colored paper, write these words:

**This coupon is good for:**

---

*With love,* 

[Sign your name]

4. Write one "act of love" on each coupon's blank line.
5. Decorate each coupon with drawings, designs or stickers.
6. You can give people one coupon each or staple a few together into a coupon book to give to each person.




## FOLLOW GOD'S EXAMPLE

In a letter to the church in Colossae, the apostle Paul wrote about the importance of forgiveness.

•••• DIRECTIONS ••••

To complete Colossians 3:13 (NIV), use the smaller words to fill in the larger words.



gain	as	or	ear	van	an	for	give	
gave	her	on	it	one	other	he	an	a

B \_\_\_\_\_ w \_\_\_\_\_ h each

ot \_\_\_\_\_ d \_\_\_\_\_ give

\_\_\_\_\_ e an \_\_\_\_\_ if \_\_\_\_\_ y

of you h \_\_\_\_\_ grie \_\_\_\_\_ ce

a \_\_\_\_\_ st some \_\_\_\_\_ .

For \_\_\_\_\_ as t \_\_\_\_\_ L \_\_\_\_\_ d

for \_\_\_\_\_ you."

COLOSSIANS 3:13, NIV

Answers: "Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you." Colossians 3:13, NIV



## *We Are A Worshiping People*

### **Preschool Paraphernalia**

February 2012

Since the weatherman is finally predicting “snow”, I thought I better get this note out, just in case...

February, the month of love! And what better way to show God’s love, than through His Holy Word, the Bible. Here are the verses the preschool children are memorizing this year, placing them tightly in their hearts:

**September:** God saw all that he had made, and it was very good. Genesis 1:31

**October:** For nothing is impossible with God. Luke 1:37

**November:** Love the Lord your God with all your heart and with all your soul and with all your mind. Matthew 22:37

**December:** And a voice from heaven said, “This is my son, whom I love ...”  
Matthew 3:17

**January:** Jesus said, “Love your neighbor as yourself.” Matthew 22:39

**February:** Jesus said, “...Your faith has healed you.” Mark 5:34

**March:** Jesus said, “Father, forgive them, for they do not know what they are doing.” Luke 23:34

**April:** Then Jesus came to them and said, ...”And surely I am with you always...”  
Matthew 28:20

**May: Review all!**

Perhaps you too would like to commit these verses to memory and hold them forever in your heart, just like the children...and always be reminded that God is Love!

# Happy Valentine's Day!

### **Walking with God**

The essence of the Christian life is knowing God and walking with him. It's about sticking with him when the sky is blue and also when it's filled with clouds or choked with smoke. It's about walking with the Lord through thick and thin, and pressing on through every heartache and trial that happens to come our way.

- Greg Laurie

## *We Are A Worshiping People*

### **THE NUMBERS ARE IN**

Volunteers of America reported that our Bronn Journey concert brought in 1,119 pounds of non-perishable food items for the Food Bank! On top of that, reports are coming in daily from people who attended the concert and how much they enjoyed it.

In addition to the food brought in, about \$900 was collected for Interfaith Assoc. and another \$1100 for VOA! What a generous community we live in! And what generous and talented friends we have in Bronn and Katherine Journey and Wendell Browning!



### **REFOCUS FOR LENT**

- Give up complaining - focus on gratitude.
- Give up harsh judgments - think kind thoughts.
- Give up worry - trust God to provide.
- Give up discouragement - be full of hope.
- Give up bitterness - turn to forgiveness.
- Give up hatred - return good for evil.
- Give up anger - be more patient.
- Give up pettiness - become mature.
- Give up jealousy - pray for trust.
- Give up gossiping - control your tongue.
- Give up sin - turn to virtue.
- Give up giving up - persevere.

—Author unknown



### **“Strings of Light”**

Saturday, March 10, 2012 Spirit of Grace UMC Sanctuary

This concert features the harps & voices of musichanatologists from the Pacific Northwest .

(More info to be announced)

# *We Are A Worshiping People*

## **A Message from the Youth Director**

One word that continues to describe Youth and Family Ministries at Prince of Peace is growth. In 2011 we saw continued growth in our Youth and Children's ministry opportunities, relationships, faith, service, outreach and out of this growth in ministry we continue to see God's blessings made known through an increase in new volunteers, financial gifts and most importantly in the lives of the youth and children we serve.

I also want to personally thank all those who have supported our ministry to youth and children this past year. We serve an awesome God who continues to bless this place with teachers, cooks, chaperones, volunteers, bakers and the list goes on and on and I thank all of you for your time and service to His Ministry.

As the New Year progresses I also wanted to take a moment to share a little about our focus for our ministry to youth and families, primarily our three areas of focus.

### **-Relationships-**

Relationships are at the heart and focus of what we do. Everything we do has a relational focus and purpose. From Sunday School to Youth Night, to missions trips and Live Nativity, all of it has a relational component for our children and our youth and this is one of the primary ways we see and measure growth in our church. Youth and Children are becoming a part of our church because of the relationships they are forming with their God and their peers. It's not about the programming or the event so much as it is about the opportunity to build relationships with one another. Events and opportunities are the vessels we use but it is the relationships that guide our ministry focus.

### **-Spiritual Growth-**

Through ministry opportunities we continue to hear the testimony of parents, children and youth publically and privately, that through ministry opportunities they encountered Christ and lives were transformed. Transformation is where relationships take us. And it is this transformation that St. Paul is talking about in 2 Corinthians 3:17-18 that God wants for each and every one of his children. ***“Now the Lord is the Spirit, and where the Spirit of the Lord is, there is liberty. But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as from the Lord, the Spirit.”***

### **-Living into Faith-**

We hear it said time and time again, “We need to live out our faith” and I would argue this isn't our problem as Christians because the reality is we “live out” our faith every day. For better, for worse, whether we like it or not we are a witness and testament to the character of Christ. And so often it is we find ourselves not for better but rather the latter. And it's not because we don't want to or don't try but it's because we're trying to live out something we aren't willing to live into, and that's Christ. As our relationship with Christ grows our lives are transformed! And when our lives are transformed we learn what Paul means in 1 Corinthians 13. ***“When I was a child, I talked like a child, I thought like a child, I reasoned like a child. When I became a man, I put the ways of childhood behind me.”***

(continued on next page)

## *We Are A Worshiping People*

As a child this faith Paul speaks of is one of complete and total dependency on Christ for everything and it is this relationship of dependency on Christ we seek to instill in our young people because **it is out of relationship with Christ that we move into action in our communities!**

*“Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. “I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.”*  
**John 15:4-5**

Youth and Children’s ministry has one purpose and that is to point the eyes of youth and children towards Christ. Every event we have, every opportunity we provide aims at building relationships that lead to spiritual growth in our children and young people.

It is this spiritual growth that enables us to live into our calling. Apart from Christ we can do nothing BUT it is in our relationship with Him we find EVERYTHING. Hope, sufficiency, freedom, all that we need we find in Christ. And so it is as we live into our calling, as we “live into Christ” we live into our faith. This is our purpose, this is our focus and this is our ministry!

So as we continue to grow in 2012 as a community and as we seek to be a people of faith we take these steps together. Guided by His hand we are learning, we are growing and we are moving. Thanks be to God!

*~Nik Locker*

Director of Youth and Family Ministries



### **What is stewardship?**

Stewardship is not just raising funds;

It’s raising Christians.

Stewardship is not a matter of budgets;

It’s a matter of faith.



Remember these two stewards?



**2011  
Stewardship  
Dinner**